



Assistance
for
Vermont's
Agricultural
Producers

1-877-493-6216

What is Farm First?

- ◆ Free, Professional, Confidential Service
- ◆ Licensed Counselors, Resource Specialists
- ◆ Consultation, Support, Strategic Solutions
- ◆ Statewide Program in Vermont
- ◆ No Sign-Up Needed



Who is Covered by Farm First?

- ◆ All VT Farm Owners and Family Members Grossing \$10K+/year From Agriculture



MEMBER CARD



- Confidential / free / 24/7
- Consultation on any concern
- Resource/referral info
- For VT farm owners & family grossing \$10K+/year in Ag
- No paperwork or co-pays

Call **1-877-493-6216 (day or night)**
www.farmfirst.org (pw: farm)

A program of Invest EAP/ Voc Rehab VT in partnership with VCIL and the VT Agencies of Agriculture and Human Services



**Connecting you with the support
and resources you need to succeed!**

- ◆ **Facilitated Family Discussions**
- ◆ **Support and Debriefing Following Critical Incidents**
- ◆ **On-Farm Assessments and Assistance for Farming with Disabling Conditions**
- ◆ **Technical Adaptations**
- ◆ **Farm Leadership Solutions**
- ◆ **Counseling or Consulting for Any Situation**



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day or night**



MEMBER CARD



- Legal
- Stress
- Financial
- Personnel
- Conflict
- Injury
- Relationship
- Alcohol/Drugs
- Depression
- Healthcare

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